Dialysis can extend a patient's life, but it can take an emotional and physical toll. Kidney transplantation is made possible by receiving a kidney from a deceased donor or living donor. If you have a living donor but the living donor is not a complatible match for you, APKD is here to help with: SHORTER WAIT TO RECEIVE A KIDNEY, BETTER LIVING DONOR MATCHES, IMPROVED PATIENT OUTCOMES, SUPPORT FOR LIVING DONORS.

Through Paired Kidney
Donation, we can match
you with a living donor who
is the very best fit for you.

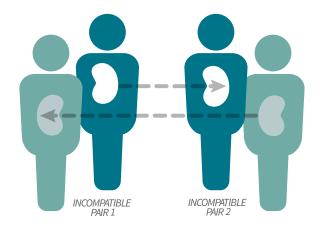
# We are Alliance for Paired Kidney Donation

- ► APKD is a 501c3 non-profit founded by renowned kidney transplant surgeon Dr. Michael Rees.
- ➤ Our nationwide registry is empowered by proprietary software and a Nobel Prize- winning algorithm developed by Dr. Alvin Roth to match one incompatible pair with another.
- APKD is one of the leading Paired Kidney Donation registry programs nationally and globally.
- Kidney patients enrolled with an APKD partner transplant center wait significantly less time than the national deceased organ waitlist.

Kidney transplantation is often the best option for those with advanced kidney diease. **Transplant not only prolongs life, but also improves the quality of life for you and your family.** A person may spend 3-5 years on the national transplant waitlist for a deceased donor kidney. Receiving an organ from a *living donor* can result in shorter wait time with better results; the average wait time for an APKD kidney is 3-4 months.

#### WHAT IS PAIRED KIDNEY DONATION?

When a patient needs a kidney transplant, family, friends and loved ones often step forward to offer the gift of living kidney donation. Many times, the donor is not compatible with their intended recipient. For example, the immune system may not match, or the kidney size or age difference is too great. Paired Donation matches one incompatible donor-recipient pair to another pair, allowing for a transplant swap. Even when the donor is compatible, Paired Donation can often find an even *better* match that results in the *best* recipient outcomes.



### How can I find a living kidney donor?

- Extended family and friends are a good place to start when seeking a kidney donor. It can be difficult to begin the conversation and ask for the gift of a kidney, but the answer is always "no" if you do not ask.
- Social media can be a very effective way to reach potential willing donors.
- ▶ If you are unable to find a willing donor, your local healthcare team may provide useful information.
- Additional valuable resources:
   Kidneys for Communities kidneysforcommunities.org
   Living Donor Network www.lkdn.org

### How can I participate in Paired Kidney Donation?

Once you have a living donor, you may register with the APKD through one of our partnering transplant centers from coast to coast. All pairs will undergo a thorough health assessment at a partner transplant center prior to being entered into the nationwide paired donations registry to determine eligibility and to look for potential improved matches. Through Paired Kidney Donation, it is possible to find matching pairs for multiple people at once, resulting in a "chain" donation and more lives saved.

#### Is transplant expensive?

Medical cost for the recipient of an organ is covered by recipient insurance or the government. The medical cost for the living donor is also covered by recipient insurance. Even so, the donor may experience financial hardship by taking time off from work for surgery and recovery. Other expenses can be incurred due to travel to and from the transplant hospital for donors and their support person.

#### **Taking care of kidney donors**

APKD's generous DonorProtect® Benefits Program relieves the financial stress of kidney donation by providing up to \$10,000 in lost wage reimbursement for missed work, and up to \$4,500 in expenses including transportation, lodging, food, mileage, and dependent care. We also provide our KidneyPledge™ for non-directed donors should they or a loved one ever need a kidney transplant in the future.

## Why Alliance for Paired Kidney Donation?

- ✓ Patients and donors always come first
- ✓ Nationwide Transplant Center Network
- ✓ Expertise in Transplantaion & Paired Donation
- √ DonorProtect™ Benefits Program